

CERTIFICATE

OF PARTICIPATION

This is to certify that

Marilise Vermaak

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #5

held at Cowhouse Market.

TIME 01:15:49

PACE 05:03/km

OVERALL 3 of 15

12 August 2018, Sun

Date

GENDER 1 of 7

40 - 49 1 of 3



